**The ABC Child Care Center is committed to supporting breastfeeding mothers. The ABC Child Care Center subscribes to the following policy:**

**Breastfeeding mothers shall be provided a place to breastfeed or express their milk.**

Breastfeeding mothers, including employees, shall be provided a private and sanitary place to breastfeed their babies or express milk. This area has an electrical outlet, comfortable chair, and nearby access to running water. Mothers are also welcome to breastfeed anywhere in the center they wish.

**A refrigerator will be made available for storage of expressed breast milk.**

Breastfeeding mothers and employees may store their expressed breast milk in the center refrigerator. Mothers should provide their own containers, clearly labeled with name and date.

**Sensitivity will be shown to breastfeeding mothers and their babies.**

The center is committed to working with each breastfeeding mother’s schedule to allow natural nursing as much as possible, and mothers will be welcome to nurse at the center anytime. Infant formula and solid foods will not be provided unless requested by the mother. All babies, regardless of what they are fed (breast milk or formula), will be held closely when feeding. Bottles will never be “propped” in an infant’s mouth.

**Staff shall be trained in handling breast milk.**

All center staff will be trained in the proper storage and handling of breast milk, as well as ways to support breastfeeding mothers. The center will follow human milk storage guidelines from the American Academy of Pediatrics and Centers for Disease Control and Prevention to avoid waste and prevent food borne illness. Special precautions are not required in handling breast milk.

**Breastfeeding employees shall be provided flexible breaks to accommodate breastfeeding or milk expression.**

Breastfeeding employees shall be provided a flexible schedule for breastfeeding or pumping to provide breast milk for their children.

**Breastfeeding promotion information will be displayed.**

The center will provide information on breastfeeding, including the names of area resources should questions or problems arise. In addition, positive promotion of breastfeeding will be on display in the center.